

A hollow glass microsphere having an average particle size of at most 15 μm based on volume, a maximum particle size of at most 30 μm and an average particle density of from 0.1 to 1.5 g/cm^3 , which has a glass composition consisting essentially of the following components by mass%:

SiO ₂	50.0-90.0%,
Al ₂ O ₃	10.0-50.0%,
B ₂ O ₃	0-12.0%,
Na ₂ O+K ₂ O+Li ₂ O	0-1.0%,
CaO	0-10.0%,
MgO	0-10.0%,
BaO+SrO	0-30.0%.